

# Hope Renewed

Homeopathic theory and practice differ greatly from any other healing modality, past or present, in several very basic ways.

First: Since the beginning of time, mankind has attempted to find methods to restore good health and proper functioning of the body following accidents or illnesses. Healing without causing harm has always been the goal of good men in medicine. Homeopathy can be, for everyone who is willing to make an effort, the answer to that quest.

When Samuel Hahnemann (considered the father of homeopathic theory) created his first remedy according to homeopathic protocols, he showed us a way to heal without side effects. He, and others like him, illuminated the path to the utilization of the many diverse substances found on this earth, even very toxic ones, to bring about positive changes in health without the destruction of delicate tissues or negative effects on the mind or emotions.

Second: Followers of homeopathic theory believe that every ailment of the physical body had its beginning in the vital energy of the body. Homeopathic theory also teaches that because the systems of the body are so interconnected by the vital energy, ailments cannot confine themselves to only one area of the body at a time. It is impossible to have just a pain in the head (or just a break in a bone) without having symptoms which range over many, if not all, of the systems of the body and into the emotions and mental processes. A corollary of this understanding is that all substances utilized for healing purposes (or for any other purpose) also affect a variety of body systems and go into the energy itself to reestablish (or disrupt) health.

Homeopathic remedies are studied and their effects recorded in this manner. When a remedy is given, symptoms throughout the whole body and mind are observed and the remedy is chosen to care for and restore balance to all of these areas.

Last and very important: In homeopathy, its history as well as its present-day usage, we have a graphic illustration of the goodness of God in inspiring and providing for His children. From the variety of substances whose healing properties have been discovered and utilized in homeopathy, a person can see that every creation of God found on this earth must be of benefit for the use of man. We can see that God has provided methods by which healing can be accomplished without destructive side-effects.

What more could a loving Father have done for His children? Every time I reach for a homeopathic remedy—whether it is plant, animal, mineral, or noxious substance based—I feel touched by Heaven's concern and caring for me. As the remedy brings health to my physical body or perspective to my mind or emotions, I feel the additional healing benefits of gratitude and reverence.

It takes some study and effort to become proficient in the use of homeopathic remedies. It is well worth whatever effort required! In addition, the accepting of responsibility for our own and our family's health, coupled with gratitude to the Creator, blesses and strengthens us in a myriad of ways.

May you find as much joy and success with homeopathic remedies as I, and many others, have done!